

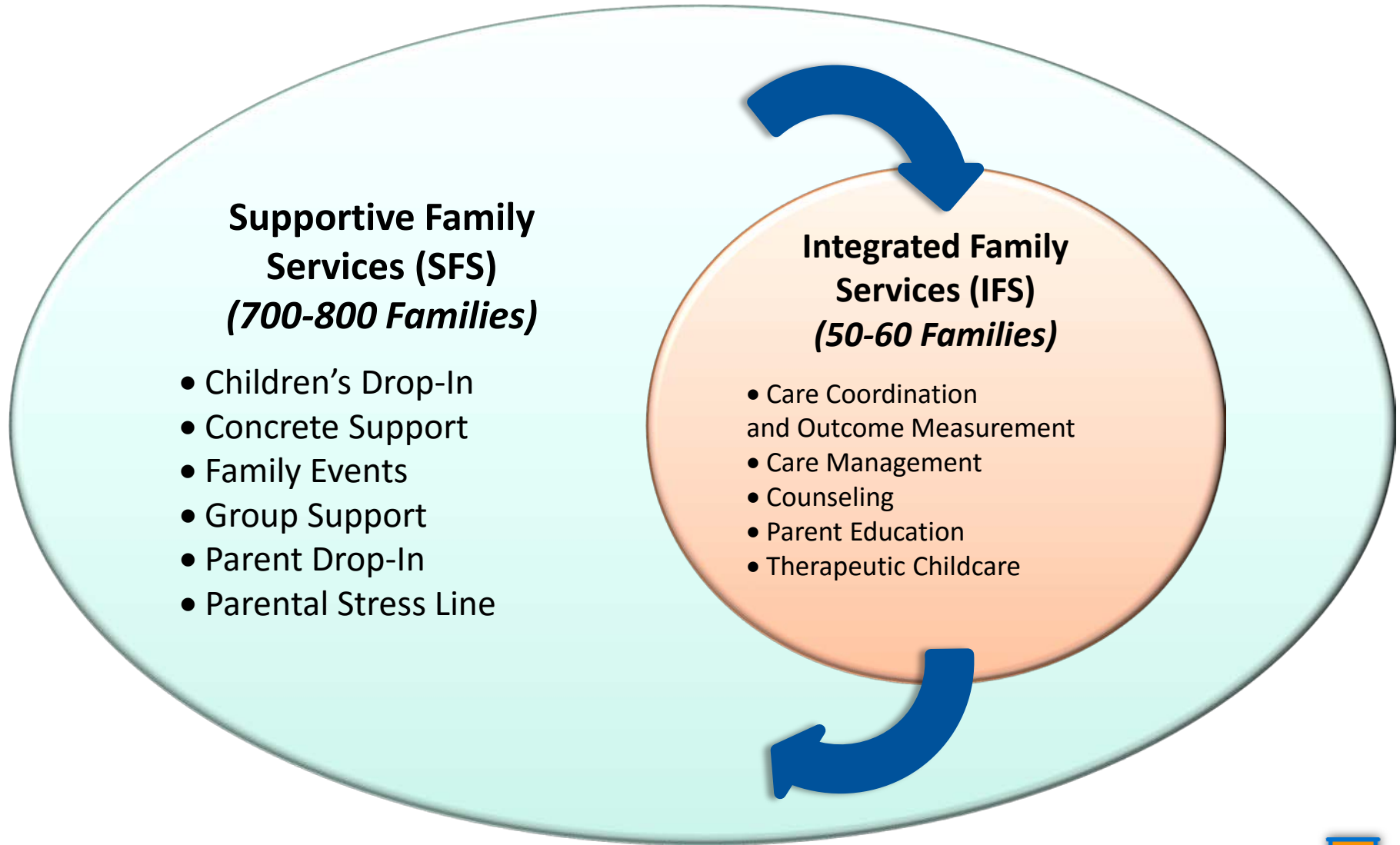


SAN FRANCISCO CHILD ABUSE
PREVENTION CENTER

INTEGRATED FAMILY SERVICES

STRENGTHENING FAMILIES THROUGH 2-GENERATION
PROTECTIVE FACTORS

Our Service Delivery Model



The Five Protective Factors

Research shows that when protective factors are well established in a family, likelihood of child abuse and neglect diminishes.

Protective Factor	Definition
Parental Resilience	Parent has the ability to manage and bounce back from all types of challenges that emerge in their family's life. It means finding ways to solve problems, building and sustaining trusting relationships including relationships with their own child, and knowing how to seek help when necessary.
Social Connections	The family has healthy interactions with family friends, family members, neighbors and community members who provide emotional support, help solve problems, offer parenting advice and give concrete assistance.
Concrete Support in Times of Need	When the family encounters a crisis similar to, but not limited to the following: domestic violence, mental illness or substance abuse; the family knows how to access adequate services to provide stability, treatment and help for family members in order to get through the crisis.
Knowledge of Parenting and Child Development	Parents has accurate information about child development and appropriate expectations for children's behavior at every age to help parents see their children and youth in a positive light and promote their healthy development.
Social and Emotional Competence of Children	The child has the ability to interact positively with others, self-regulate their behavior and effectively communicate their feelings with their family, other adults, and peers.

Source: Center for the Study of Social Policy

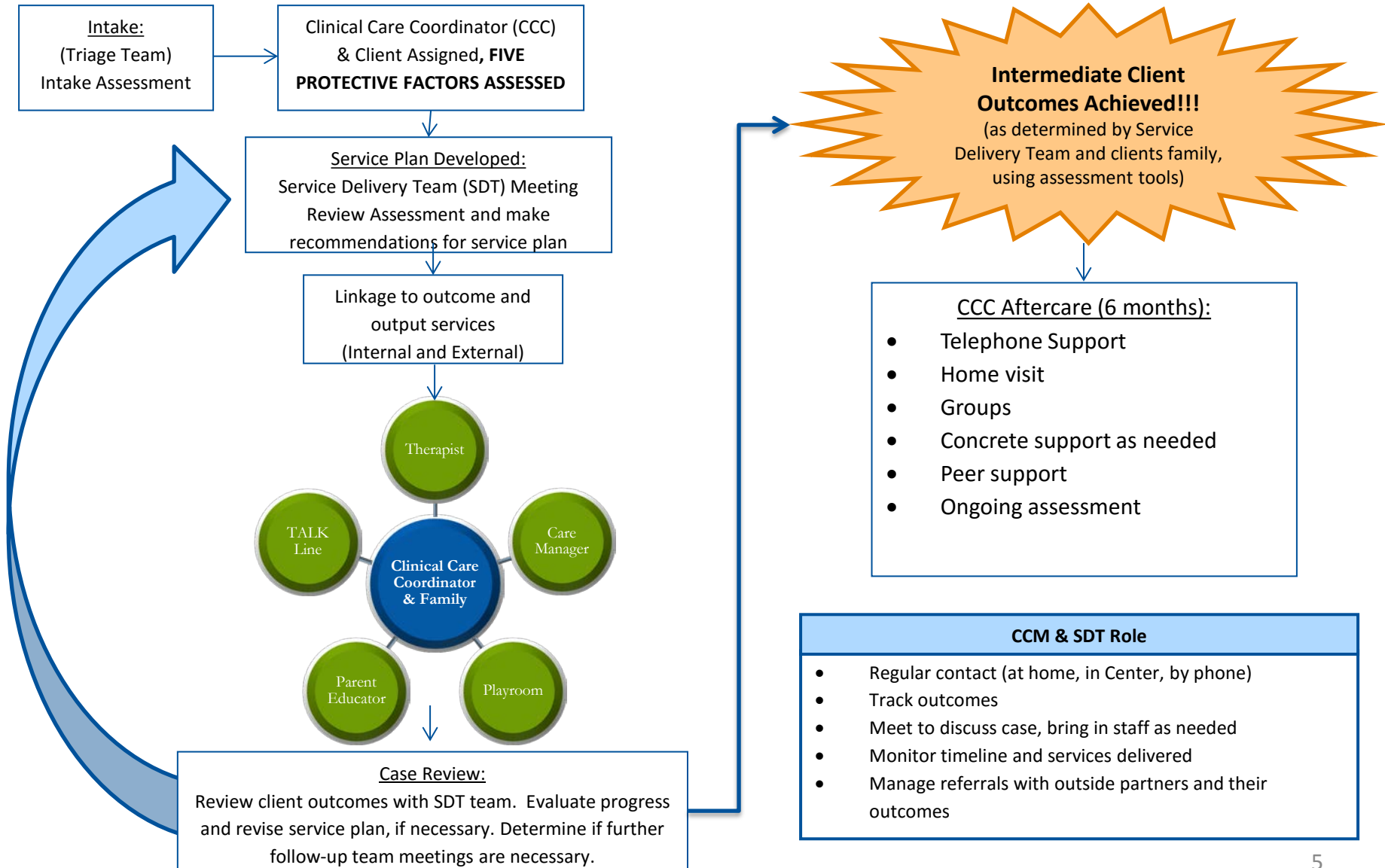


Pathway to Protective Factors ... Integrated Family Services

- **Screen:** focus enrollment criteria on most vulnerable families
- **Assess:** measure baseline and progress on each protective factor
- **Treat:** develop/implement individualized service delivery plan tailored to each family's personal goals and needs
- **Reassess:** measure progress and adjust service plan in collaboration with families
- **Graduate** (*in development*): provide after-care at less intensive level to ensure each family maintains adequate protective factors



Pathway to Strong Protective Factors

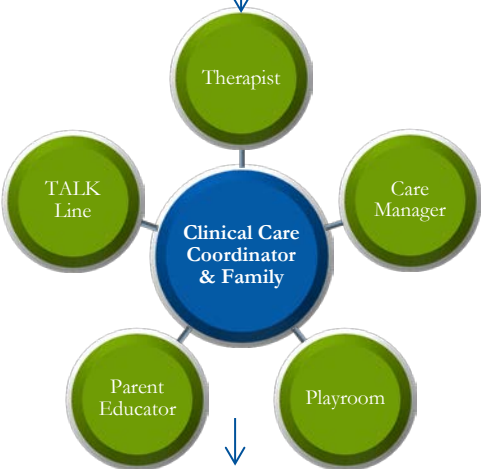


Intake:
(Triage Team)
Intake Assessment

Clinical Care Coordinator (CCC)
& Client Assigned, **FIVE PROTECTIVE FACTORS ASSESSED**

Service Plan Developed:
Service Delivery Team (SDT) Meeting
Review Assessment and make recommendations for service plan

Linkage to outcome and output services
(Internal and External)



Case Review:
Review client outcomes with SDT team. Evaluate progress and revise service plan, if necessary. Determine if further follow-up team meetings are necessary.

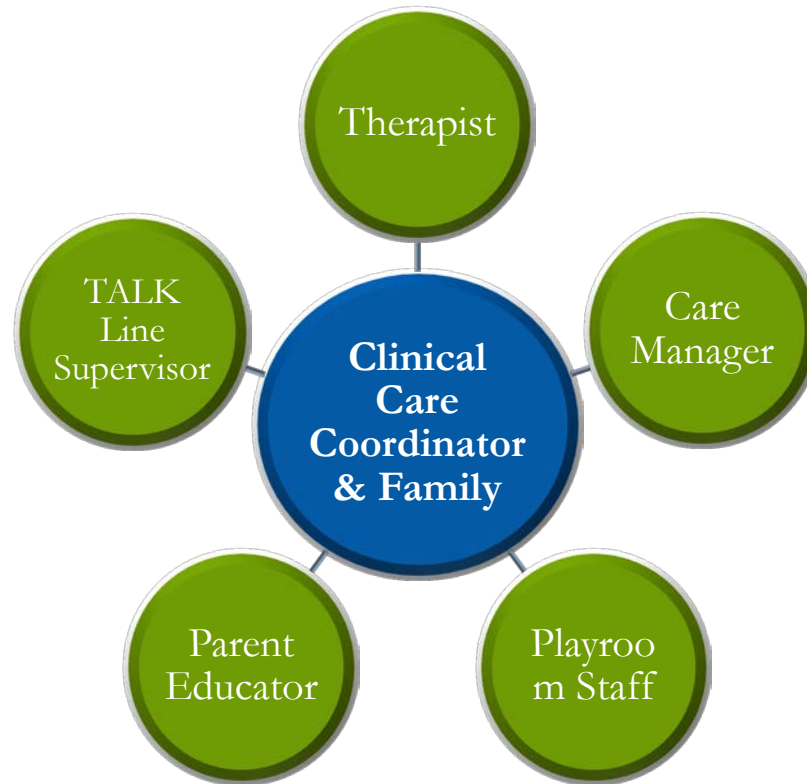
Intermediate Client Outcomes Achieved!!!
(as determined by Service Delivery Team and clients family, using assessment tools)

- CCC Aftercare (6 months):
- Telephone Support
 - Home visit
 - Groups
 - Concrete support as needed
 - Peer support
 - Ongoing assessment

- CCM & SDT Role**
- Regular contact (at home, in Center, by phone)
 - Track outcomes
 - Meet to discuss case, bring in staff as needed
 - Monitor timeline and services delivered
 - Manage referrals with outside partners and their outcomes

Integrated Family Services

Screen + Assess + Treat + Reassess + Graduate



Clinical Care Coordinator

- Key to the model
- Primary holder of relationship with family
- Accountable for outcomes
- Designs service plan in collaboration with family
- Conducts all assessments and reassessments and tracks family's progress



IFS Assessment Tools

Primary Tools:

- **North Carolina Family Assessment Scale:** Measures families' protective factors (provider assessment, every 3 months)
- **Family Development Matrix (Modified):** Measures protective factors, developed by SFCAPC for use in family violence program SafeStart (provider and client assessment, every 3 months)
- **Protective Factor Survey:** Measures families' protective factors (self-report, every 3 months)
- **Parental Stress Index:** Measures parental distress, parent-child dysfunction, child behavior, parenting practices, and total stress (initial assessment only)

Supplemental Tools:

- **Child and Adolescent Needs and Strengths (CANS):** Multi-purpose assessment tool for children's services to support level of care, service planning, quality, and outcomes.
- **DASS21:** Measures caregivers' depression, anxiety, and stress.
- **ASQ-SE:** Parent-completed screening tool for children's social and emotional development; pinpoints behaviors of concern and identifies the need for further assessment or ongoing monitoring.
- **Client Self-Assessment:** Measures parents' perception of their own monthly progress towards adequate protective factors and their satisfaction with our services.



IFS Assessment Matrix – NCFAS & 5PF

Parental Resilience	Social Connections	Concrete Support in Times of Need	Knowledge of Parenting and Child Development	Social and Emotional Competence of Children
Parents will be able to find ways to solve problems, build and sustain trusting relationships with their own child, and know how to seek help when necessary.	Families will have a network of support, help solve problems, offer parenting advice, and give concrete assistance to parents.	Families will feel confident and better able to ensure the safety and well-being of their children. Families will identify and know how to access local resources to meet their own basic needs for food, clothing, housing, and transportation.	Parents will have adequate information about child development and appropriate expectations for children's behavior at every age to help parents see their children and youth in a positive light and promote their healthy development.	Children will be able to interact positively with others, self-regulate their behavior, and effectively communicate their feelings with their family, adults, and peers.
Family Health	Social/Community Life	Environment	Parental Capabilities	Child Well-Being
Overall Family Health	Overall Social/Community Life	Overall Environment	Overall Parental Capabilities	Overall Child Well-Being
Parent(s)/Caregiver(s)'s Physical Health	Social Relationships	Housing Stability	Supervision of Child(ren)	Child(ren)'s Behavior
Parent(s)/Caregiver(s)'s Disability	Relationships with Child Care, Schools, and Extracurricular Services	Safety in the Community	Disciplinary Practices	School Performance
Parent(s)/Caregiver(s)'s Mental Health	Connection to Neighborhood, Cultural/Ethnic Community	Environmental Risks	Provision of Developmental/Enrichment Opportunities	Child(ren)'s Relationship with Parent(s)/Caregiver(s)
Family Safety	Connection to Spiritual/Religious Community	Habitability of Housing	Promotes Child(ren)'s Education	Child(ren)'s Relationship with Sibling(s)
Overall Family Safety	Parent(s)/Caregiver(s)'s Initiative and Acceptance of Available Help/Support	Personal Hygiene	Controls Access to Media/Reading Material	Child(ren)'s Relationship with Peers
Absence/Presence of Domestic Violence Between Parents/Caregivers		Learning Environment	Parent(s)/Caregiver(s)'s Literacy	Cooperation/Motivation to Maintain the Family
Absence/Presence of Other Family Conflict		Self-Sufficiency	Family Interactions	Family Health
Absence/Presence of Access to Weapons		Overall Self-Sufficiency	Overall Family Interactions	Child(ren)'s Physical Health
		Caregiver Employment	Bonding with Child(ren)	Child(ren)'s Mental Health
Family Interactions		Family Income	Communications with Child(ren)	Child(ren)'s Disability
* Mutual Support within the Family		Financial Management	Family Routines/Rituals	Family Safety
*Relationship Between Parents/Caregivers		Food and Nutrition	Family Recreation and Play Activities	Absence/Presence of Physical Abuse of Child(ren)
Parental Capabilities		Transportation		Absence/Presence of Emotional Abuse of Child(ren)
Use of Drugs/Alcohol Interferes with Parenting		Family Health		Absence/Presence of Sexual Abuse of Child(ren)
		Family Access to Health/Mental Care		Absence/Presence of Neglect of Child(ren)

IFS Client Service Plan

IFS CLIENT SERVICE PLAN

Client's Name: _____ Sample Family_____

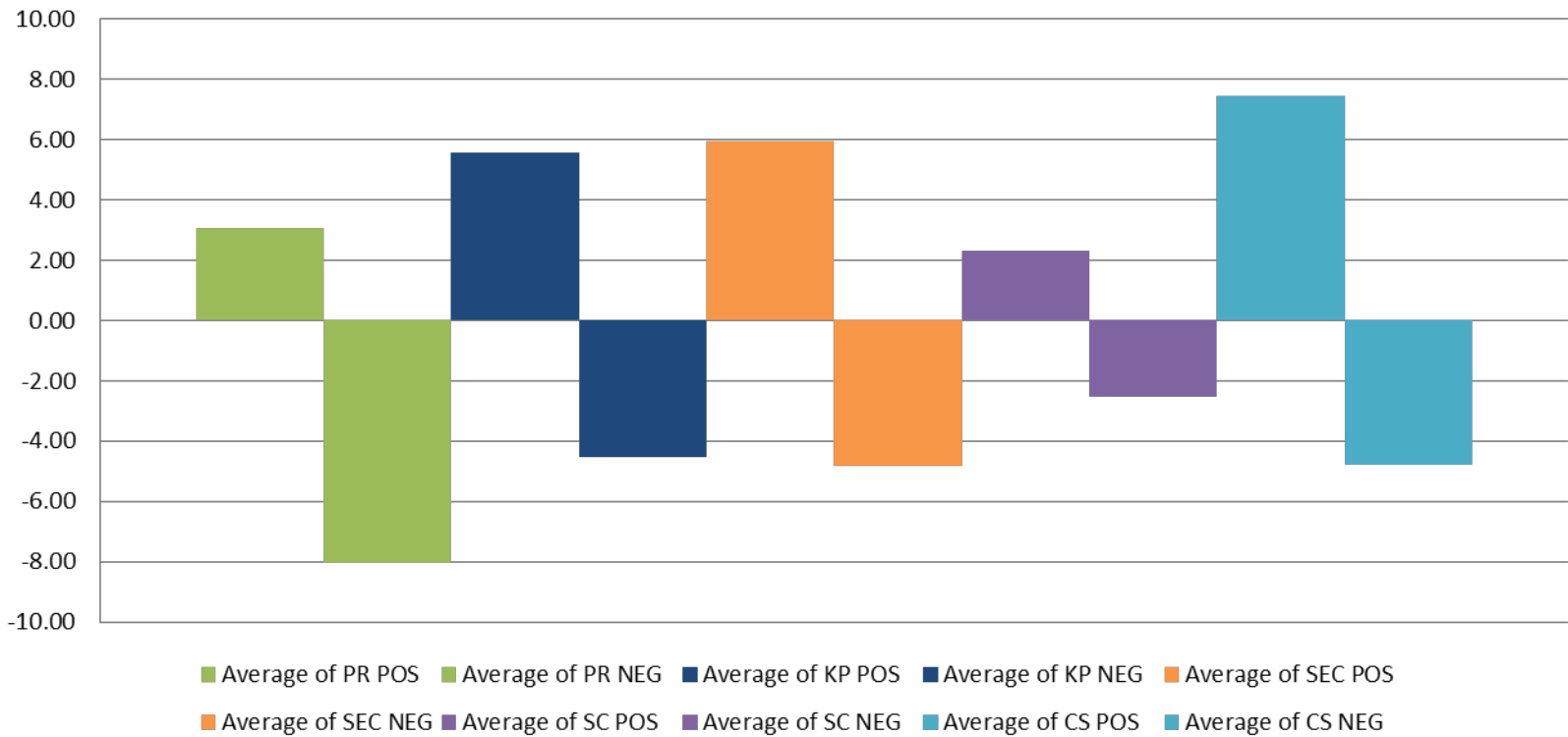
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Protective Factor	Short-Term Goal	Method Strategy	Person Responsible	Notes	Status of Goal
<input checked="" type="checkbox"/> Parental Resilience <input type="checkbox"/> Social Connections <input type="checkbox"/> Concrete Support In Times Of Need <input type="checkbox"/> Knowledge of Parenting and Child Development <input type="checkbox"/> Social and Emotional Competence in Children <input type="checkbox"/> Nurturing and Attachment	Parent's psychological well-being supports her in meeting individual and family needs.	<input checked="" type="checkbox"/> Adult Counseling <input type="checkbox"/> Child Counseling <input type="checkbox"/> Children's Playroom <input type="checkbox"/> Clinical Case Coordination (CCC) <input type="checkbox"/> Case Management <input type="checkbox"/> Family Counseling <input type="checkbox"/> Parent Education <input type="checkbox"/> TALK Line Ongoing Counseling <input checked="" type="checkbox"/> Other: Couples Therapy_____	John Fenwick & Emily Bonelli-Padow	Couples therapy & Individual Therapy	<input checked="" type="checkbox"/> Ongoing <input checked="" type="checkbox"/> Review Date _6_/27_/2014_ <input type="checkbox"/> Completed ___/___/___ <input type="checkbox"/> Ongoing <input type="checkbox"/> Review Date ___/___/___ <input type="checkbox"/> Completed ___/___/___
<input type="checkbox"/> Parental Resilience <input type="checkbox"/> Social Connections <input type="checkbox"/> Concrete Support In Times Of Need <input type="checkbox"/> Knowledge of Parenting and Child Development <input checked="" type="checkbox"/> Social and Emotional Competence in Children <input type="checkbox"/> Nurturing and Attachment	Child demonstrates awareness of self.	<input type="checkbox"/> Adult Counseling <input checked="" type="checkbox"/> Child Counseling <input type="checkbox"/> Children's Playroom <input type="checkbox"/> Clinical Case Coordination (CCC) <input type="checkbox"/> Case Management <input type="checkbox"/> Family Counseling <input type="checkbox"/> Parent Education <input type="checkbox"/> TALK Line Ongoing Counseling <input type="checkbox"/> Other:_____	Daphne Humes	To assist child's motivation to succeed in life, a sub-goal of the therapy will be that child will demonstrate improvement in the skills he needs to succeed in life, academically, socially and emotionally.	<input checked="" type="checkbox"/> Ongoing <input checked="" type="checkbox"/> Review Date _6_/27_/2014_ <input type="checkbox"/> Completed ___/___/___ <input type="checkbox"/> Ongoing <input type="checkbox"/> Review Date ___/___/___ <input type="checkbox"/> Completed ___/___/___
<input type="checkbox"/> Parental Resilience <input type="checkbox"/> Social Connections <input type="checkbox"/> Concrete Support In Times Of Need <input type="checkbox"/> Knowledge of Parenting and Child Development <input checked="" type="checkbox"/> Social and Emotional Competence in	Child builds positive, lasting relationships	<input type="checkbox"/> Adult Counseling <input type="checkbox"/> Child Counseling <input checked="" type="checkbox"/> Children's Playroom <input type="checkbox"/> Clinical Case Coordination (CCC)	Andrew Tan	Tutoring and mentoring in the Playroom A sub-goal of the therapy and the playroom service will be that child will	<input checked="" type="checkbox"/> Ongoing <input checked="" type="checkbox"/> Review Date _6_/27_/2014_ <input type="checkbox"/> Completed ___/___/___



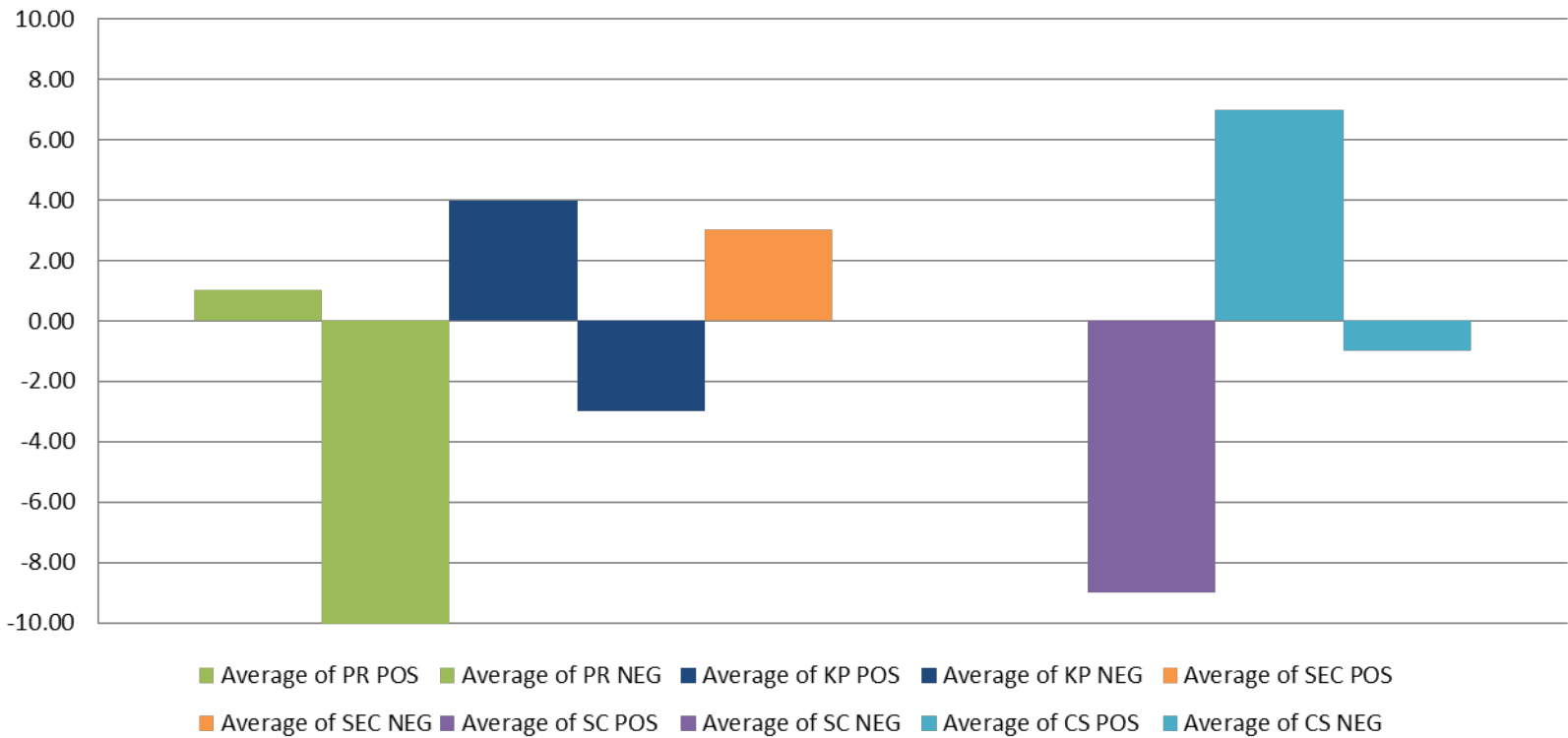
IFS Family Baseline Scores – NCFAS

NCFAS Sub-Scores



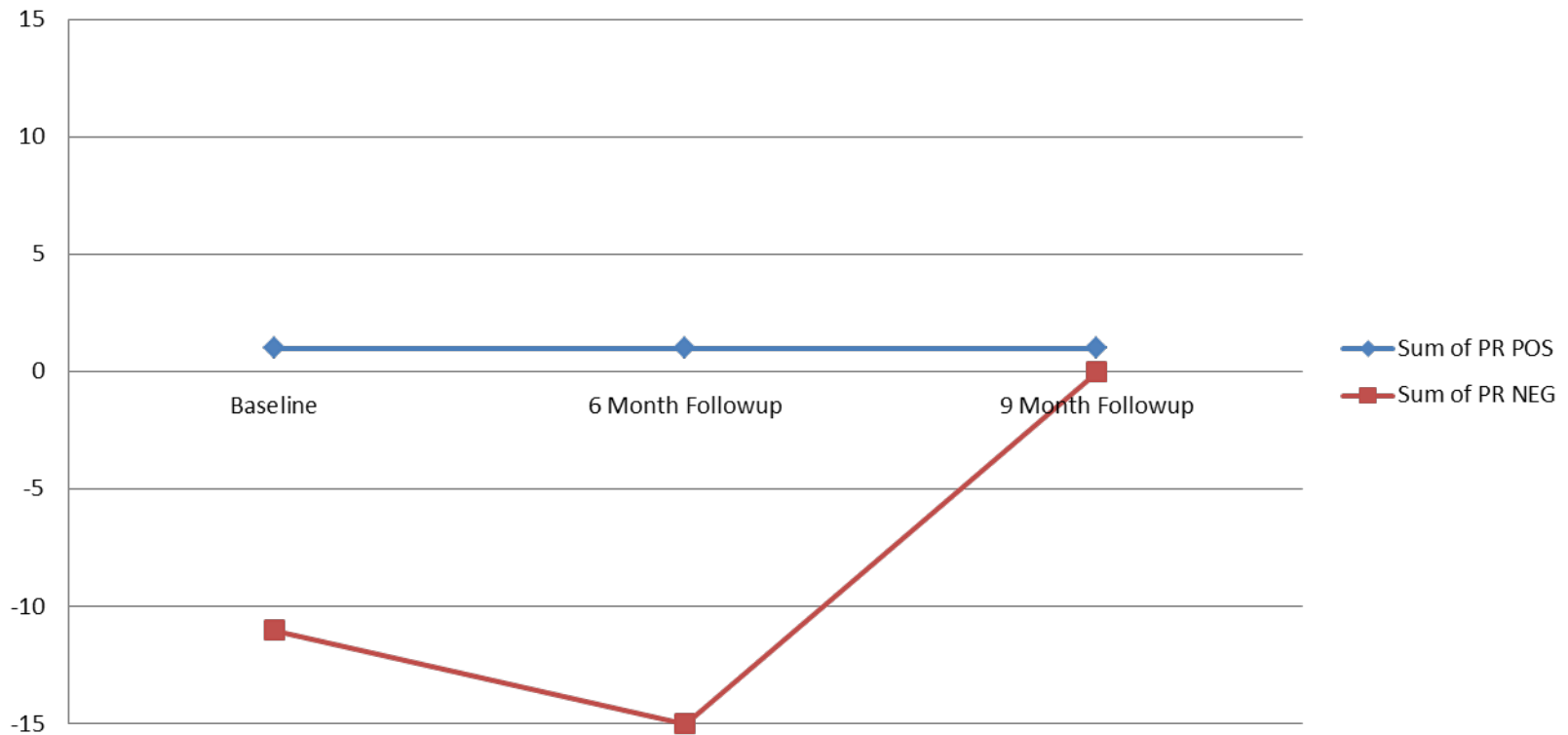
YT Family Baseline Scores – NCFAS

NCFAS Sub-Scores



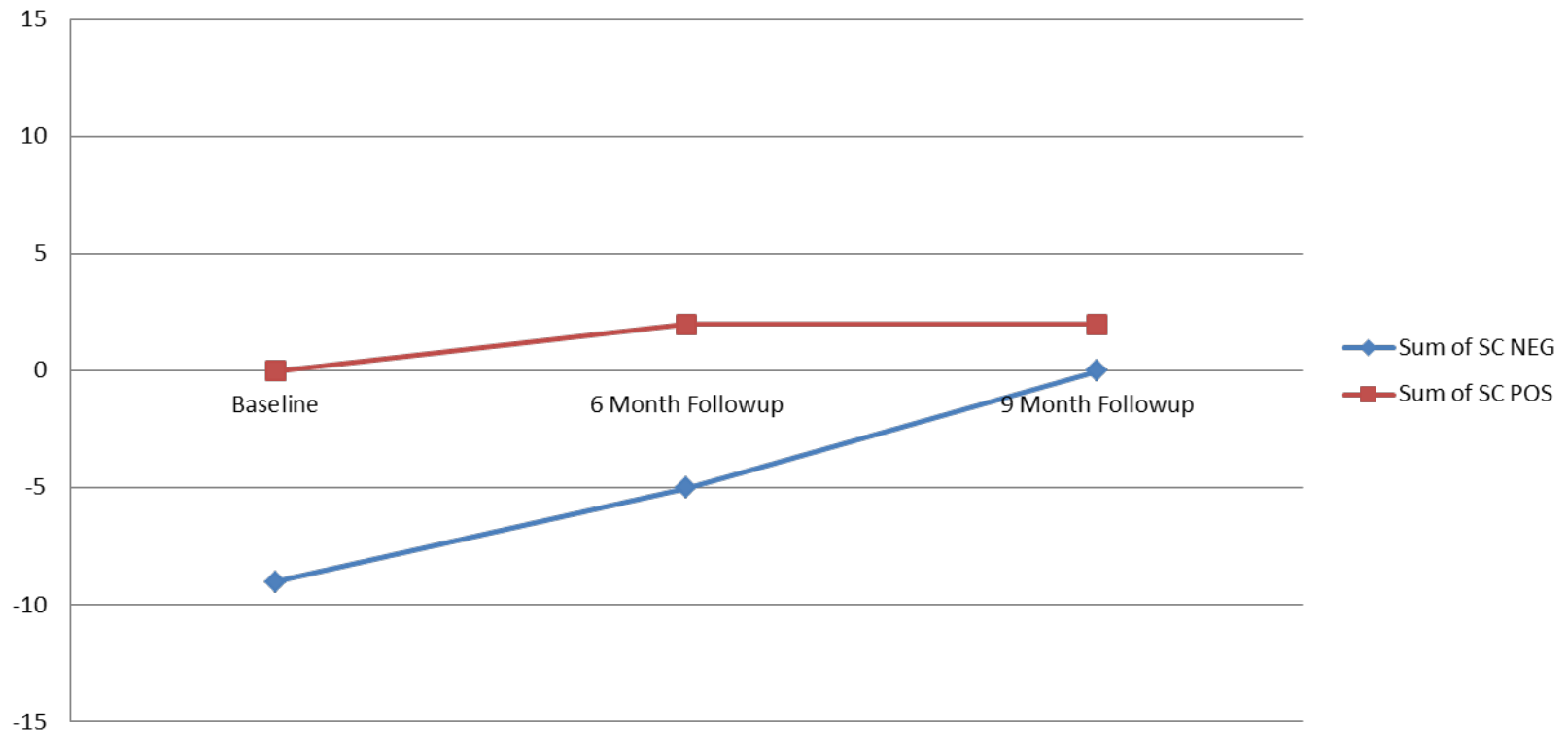
YT Family Parental Resilience – NCFAS

NCFAS



YT Family Social Connections – NCFAS

NCFAS



YT Family Social and Emotional Competence of Children – NCFAS

NCFAS



Questions?

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